

# Instant Pot Chicken Tacos

 PREP TIME	2 minutes
 COOK TIME	12 minutes
 TOTAL TIME	14 minutes
 SERVINGS	4 servings
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Just 4 ingredients and a few minutes of time make this Instant Pot chicken one of the best weeknight recipes we've ever had!



★★★★★  
4.62 from 73 votes

## Ingredients

- 3 boneless skinless chicken breasts fresh or frozen
- 1/3 cup chicken broth
- 2 tablespoons store bought or homemade taco seasoning
- 1 cup salsa

## FOR SERVING

- taco shells or tortillas
- lettuce
- cheese
- tomatoes

## Instructions

1. Place chicken breast in the bottom of the Instant Pot. Add chicken broth.
2. Sprinkle taco seasoning over chicken breasts. Top with salsa.
3. Press "Poultry" and cook for 15 minutes if frozen and 12 minutes if fresh.
4. Once done, release pressure and shred chicken with two forks. Combine with sauce in Instant Pot and serve as desired.

## Notes

Nutrition information does not include taco shells or toppings. If your chicken breasts are on the smaller size, you will want to reduce the timing by about 2-3 minutes.

## Nutrition Information

Calories: 118, Carbohydrates: 5g, Protein: 19g, Fat: 2g, Cholesterol: 54mg, Sodium: 729mg, Potassium: 514mg, Fiber: 1g, Sugar: 2g, Vitamin A: 455IU, Vitamin C: 4.2mg, Calcium: 24mg, Iron: 0.7mg  
(Nutrition information provided is an estimate and will vary based on cooking methods and brands of ingredients used.)